

*It was a "Super Saturday" today with a triple-header of athletics events across Mid and South Wales. Along with the Welsh Athletics Clubs Conference in Cardiff & British Masters Cross Country International at Singleton Park in Swansea, young pupils also represented their schools at our featured event from Penlan Arena/Brecon Leisure Centre here:*

**Saturday 17th November** was a big day as far as school endurance runners were concerned, as all roads from the Eight Welsh Districts - Afan Nedd Tawe, Cardiff & Vale, Dyfed, Eryri, Glamorgan Valleys, North East Wales, Powys and South East Wales led to the **Penlan Arena fields in Brecon**. On a bright but chilly afternoon, the 42nd edition of the **Welsh Inter-Schools Cross Country Championships** made a return in its usual Mid-November slot.

Roedd **Dydd Sadwrn 17eg o Dachwedd** yn ddiwrnod mawr yng nghalendr traws gwlad Ysgolion Cymru. Daeth yr athletwyr gorau o'r wyth rhanbarth - Afan Nedd Tawe, Caerdydd a'r Fro, Dyfed, Eryri, Cymoedd Morgannwg, Gogledd Ddwyrain Cymru, Powys a De Ddwyrain Cymru at ei gilydd i **Gaeau Penlan yn Aberhonddu**. Ar brynhawn braf ond digon oer, gwnaeth **Pencampwriaeth Traws Gwlad Ysgolion Cymru** dychwelyd i'w dyddiad arferol yng nghanol mis Tachwedd.

# Dyfed Schools Athletes turnout at Welsh Inter-Schools Championships...as Ysgol Bro Myrddin secure tea

Written by Nathan Jones

Saturday, 17 November 2018 17:03

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