

Written by Nathan Jones

Monday, 22 October 2018 17:52

The **Welsh Athletics & Welsh Schools Indoor Combined Events Championships** took place last weekend at the **National Indoor Athletics Centre in Cyncoed, Cardiff (Sunday 21st October)**.

It has not been long since the dust settled on the 2018 outdoor season, but the weekend just gone brought the opening fixture of the 2018-19 indoor season. The fixture fell earlier in the year to fall in line with the earlier date of the Schools Combined Events International in Glasgow on November 3rd. Many of those selected in 2017 were in action here hoping to head back to Scotland next month.

Under 18 and Under 16 athletes competed in a Pentathlon whilst the Under 14 athletes contested the Quadrathlon. 110 entrants along with parents, coaches and supporters arrived at NIAC on Sunday morning ready for competition at the campus facility which began on the track and over on the field at 11:00.

A group of athletes from Dyfed schools, 15 in total, entered the competition to test themselves against other top athletes from across all four corners of Wales, many gaining their first experience at indoor events. A number of new personal bests were recorded between them and experience gained as they train towards upcoming indoor and cross country fixtures over the coming months.

Dyfed Schools athletes in the Welsh Capital at the 2018 WA/WSAA Indoor Combined Events Championships

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Winning team group athletes went to all the following; Braddie Webber (U14B), Sophie Lisk, [Cochran](#), [De](#), [all](#) [up](#) [and](#) [we](#) [do](#) [to](#) [everyone](#) [along](#) [with](#) [the](#) [individual](#) [combined](#)